

This is a transcript of the Be You Professional Learning domain video available at <https://beyou.edu.au/learn/family-partnerships>.

Professional Learning Domain: Family Partnerships

Families in all their shapes and sizes are a major influence on the mental health and wellbeing of children and young people. And supporting families to promote mental health at home can provide children and young people the best opportunity to grow into independent, healthy and resilient adults.

By building and nurturing respectful relationships with families, you can support them to promote positive mental health and wellbeing at home, and know when to seek help. It also puts families more at ease in accessing support when needed.

Building partnerships with families creates a two-way street between families and learning communities. One that assists a child's or young person's wellbeing from all angles.

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