

We are all part of a mental health support team

Understand your role in supporting
children and young people who may
be experiencing mental health difficulties.



Yarn



Show
your mob



Plan



Watch,
think, redo



Think
and do



Do different
ways



Draw it



Connect
to land

*Always Be You has been developed with the application of, learnings from and respect for 8 ways Aboriginal Pedagogy
©Commonwealth of Australia. BY/4170 10/18



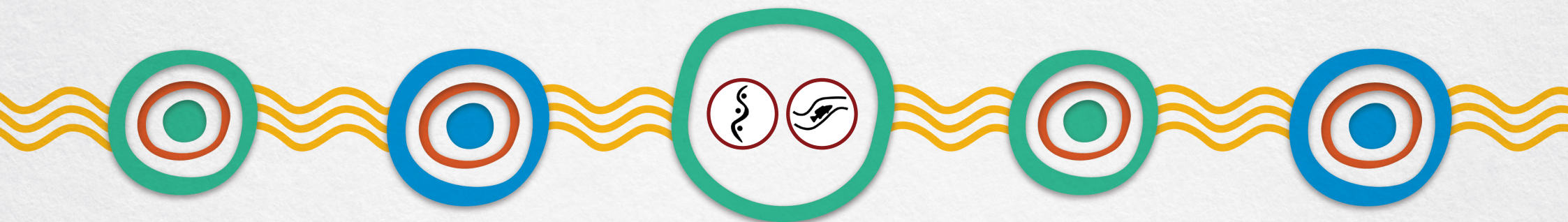
Many ways of knowing, being and doing

- Respect family and community culture.
 - Families can lead the team.
- Community members have expertise too.
- Strong learning community support takes groups of people.



Learning map

- Draw the team—what works for child, young person, family and learning community?
 - Reflect on each member's role.
 - Map different types of support.



Many ways of doing

- Trust others—other people, other learning communities.
- Show respect for this family.
- Listen—really listen to what is happening for a child, young person and their family.
 - Listen, think and act—apply deep knowledge and strong values.



Connecting to Community

- Work as a team with common goals.
- There may be a need for education services to make connections.
 - Not all service providers are based in the local community—reach out.
- Find services that are culturally sensitive.

With delivery partners



Funded by

