Supporting diverse online safety needs



With delivery partners





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Be You In Focus webinar handout: Supporting diverse online safety needs

Thank you for your participation in the Be You In Focus event 'Supporting diverse online safety needs' on 14 November 2019.

This handout contains:

- Summary of key concepts
- Reflective questions
- Resources
- Questions and answer section
- Next steps
- How to register for a Be You Learning Community infographic

Quick summary of key concepts

- Young people have diverse needs online, especially those who are vulnerable and may not have the necessary skills and ability to recognise and deal with online risks.
- Some young people are vulnerable online, which may be compounded by multiple vulnerabilities
- Some young people require additional education around their online usage and interactions to ensure that they have appropriate support networks and pathways for help.

Reflective questions to draw upon with your learning communities

- Reflect on the policies, practices and curriculum currently in place within your learning community and think about whether it supports learning about and staying safe online.
- Have you considered the diverse needs of young people who may face multiple challenges offline and online, and how you can assist them in the online context?
- Do you know your policy and procedures when a young person experiences serious cyberbullying? Do you know how the eSafety Commissioner can assist in the removal of serious cyberbullying material?

Resources

Please find below a selection of resources either shared during the webinar or used in preparation for the webinar.

Be You Resources

Be You Action Team Leader info here

Be You Supporting evidence

- Domain: Early Support
- Domain: Learning Resilience

Be You Fact Sheets

- Be You Digital mental health
- Be You Using online tools for mental health promotion

Be You Toolkits

- Wellbeing Tools for Students
- Wellbeing Tools for You

Other recommended resources: eSafety Commissioner

- Teacher Professional Learning program April 2020
- eSafety Guide
- <u>eSafetyparents resources, conversation starters</u>
- eSafetyeducation resources, videos, lesson plans, policy guidance
- <u>eSafety Research Digital parenting, Youth and online gaming, Young people and sexting, Youth and digital dangers</u>
- <u>eSafety's 'Online safety guide'</u>
- eSafety reporting
- <u>eSafetykids</u>
- <u>eSafetyyoungpeople</u>

Attendee questions and answers

Q: Where is the line between allowing an adolescent their right to privacy, and leaving them too vulnerable?

The line is always different as every young person's knowledge, maturity, experience, vulnerability and situation is different. It is always important to think of what's in the best interest of the child. To reduce the risks, it is important to ensure they have regular exposure and access to quality eSafety education programs. Young people with more vulnerabilities require a more tailored approach to provide additional support and reduce risks.

Q: Can photos really be removed from the internet?

Photos on the internet can be deleted, however it is likely that there are copies made of all photos. This is often from back-up services to the cloud, back-up systems for networks, and other people who may have copies. The most important thing to remember is that any photo has the possibility of being copied, so make good choices about what you post online.

Q: How do you help parents of students with disabilities support their children rather than removing technology?

It is important for parents to understand the benefits of technology and the importance of technology for children with disabilities. It is vital to have conversations with young people particularly on how to recognise online risks and how they can reduce these risks. Cocreating an eSafety plan would help. This could include knowing how and when to block and report, agreeing on who can be online friends and recognising unsafe friendships and unsafe situations. The plan should also include who to go to for support, including, school, friendship group, family/home and external support services.

Q: Can a young person report online abuse without an adult involved in that process?

Any Australian under the age of 18 years can report serious cyberbullying content to the eSafety Commissioner. eSafety recommends children under 15 to have an adult assist them, however it is not mandatory under the legislation.

Next steps

Not a participating Be You Early learning service or School?

If your school is not already a participating Be You Learning Community (Early Learning Service or School), we invite you to become a registered <u>Be You Learning Community</u> so you are able to access the expertise of a Be You Consultant and the full suite of Be You resources.

To participate in the Be You initiative and register as a Be You Learning Community, you'll first need an <u>individual Be You account</u>. This registration link will ask you to confirm an Action Team Leader and leadership support. *The Action Team Leader status can change at any time and you can choose multiple Action Team Leaders*.

Find out more about the <u>Action Team Leader resources</u> or contact your Be You Consultant whose details can be found on your Be You Dashboard (once you have logged in) or use our <u>contact page.</u>

Log in Register as an individual to your account user and verify your account 4. Confirm Get started an Action Go to your dashboard Team Leader to register your learning community You've started as Prepare a Be You Learning for contact from a **Community**! Be You Consultant Want to get started on your journey? Visit the Be You website for more information. beyou.edu.au/register Beyond be Early Childhood Australia Australia Australia Comment Australia Commenta Co

How to register as a Be You Learning Community

We are a participating Be You Early Learning Service or School

- Keep in contact with your Be You Consultant (their details can be found on your Be You Dashboard once you have logged in).
- Explore our Check in events for Action Teams. These can be found on the <u>Events</u> page of the Be You website.
- Subscribe to our <u>email updates here</u>.
- Share your Early Learning Community or school story with the <u>Be You team via our</u> <u>Contacts page</u>, to celebrate your learning communities commitment to mental health and to provide inspiration and encouragement to others!